

Training & Learning Solutions

Carfi

BUILDING PRACTICAL CAPABILITY FOR HEALTHIER, SAFER AND MORE EFFECTIVE WORKPLACES.

Carfi designs and delivers practical, evidence-based learning programs in workplace mental health, psychosocial risk, leadership, communication and employee wellbeing. Programs are tailored to organisational needs and can be delivered through in person, virtual, digital or blended learning formats.

SERVICES

- **WEBINARS & VIRTUAL LEARNING**
- **WORKSHOPS**
- **DIGITAL LEARNING AND eLEARNING**
- **BLENDED LEARNING**
- **CUSTOM LEARNING DESIGN**

CORE LEARNING AREAS

Carfi develops learning solutions across areas including:

- Psychosocial risk
- Psychologically safe leadership
- Mental health literacy
- Manager capability
- Employee wellbeing
- Communication
- Conflict
- Change
- Resilience
- Workplace support

WHY ORGANISATIONS CHOOSE CARFI

- Bespoke tailored solutions that meet the needs of each organisation
- Qualified and experienced psychologists, business and education professionals
- Flexible, evidence-based training solutions
- National delivery capability
- Over 35 years of industry experience

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SCAN TO LEARN MORE

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Training delivery methodologies are tailored to suit our individual customers needs.
Our delivery modalities generally cater for the following participant capacity:

Webinar: 0-200 Workshop: 10-25 Digital: Unlimited Blended: (as per respective method)

TRAINING FOR EVERYONE

Topic	Delivery method
Building a mindset to maintain wellbeing	
Managing challenging stakeholder interactions	
Psychological first aid	
Failing forward: embracing setbacks for success	
Mental health within the workplace	
Unlocking potential through constructive feedback	
Adaptive minds, agile futures - navigating through organisational change	
Trauma and Vicarious Impact	

TRAINING FOR LEADERS

Topic	Delivery method
Mastering the role of coaching	
Mastering effective workplace interactions	
Early intervention for leaders	
Mastering psychological safety & wellbeing in leadership	
Leadership to enhance engagement & performance	
Supporting our people through organisational change	

SPECIALIST TRAINING

Topic	Delivery method
Peer support program	
Return to work coordinator training program	
Contact officer training program	