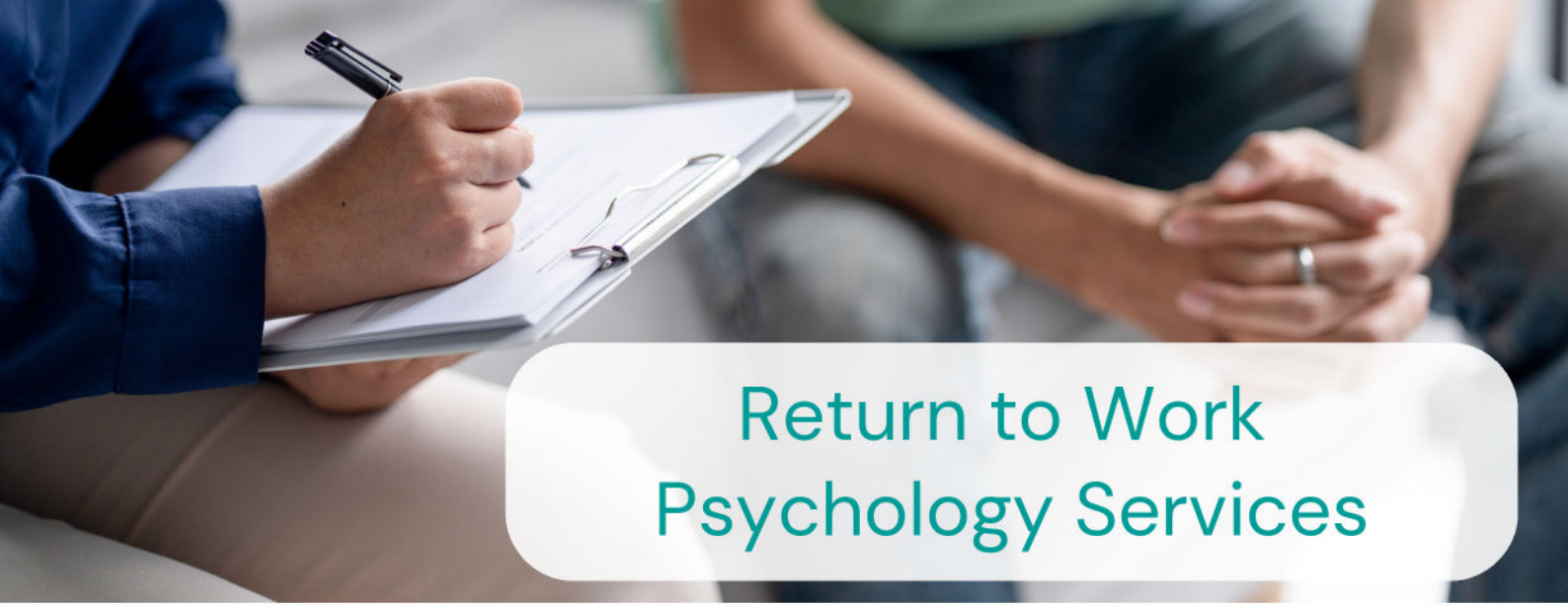

Return to Work Psychology Services

Carfi

SERVICES

Carfi's Return to Work Psychology Services provide evidence-based psychological intervention tailored to the needs of the individual, workplace and claim. Through comprehensive assessment, targeted treatment, and collaborative stakeholder engagement, our psychologists address factors impacting occupational functioning, build individual capacity, and support meaningful progression towards rehabilitation, occupational and personal goals.

IMMEDIATE ACCESS

WORK-FOCUSED TREATMENT

COLLABORATIVE APPROACH

IMPROVED OUTCOMES

Access to timely, work-focused psychological treatment is essential to supporting recovery and successful return-to-work outcomes. Delays in accessing appropriate care can prolong recovery, extend workplace absence, increase claim costs, and create additional barriers to workplace participation. Early intervention helps address these challenges, enabling employees to receive the right support sooner and promoting positive health, recovery and return-to-work outcomes.

WHY ORGANISATIONS CHOOSE CARFI

- Immediate access to SIRA-accredited psychologists
- Evidence-based treatment focused on improving functional and work-related outcomes.
- Structured and goal-oriented intervention programs.
- Collaborative approach with aligned treatment goals.
- Support for positive rehabilitation and occupational outcomes.

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